

Risk Assessment

Addendum for paraplegia plus limited use of one arm

Location: Hazelbeck Swimming Pool

Date: 22/04/2108 Review: 22 04/2019

Assessors: Mark Fairbrass/Gill Arnett

Hazard	Possible Outcome	Likelihood Rating	Severity Rating	Risk (LxS)	Suggested Action	Due	Who
1) Uncontrolled immersion	Aspiration or drowning	1	5	5	Constant close contact assistance. Appropriate use of buoyancy aid	Sessional	2 adults
2) Inability to thermoregulate	Hypothermia	2	3	6		Sessional	Coach
3) Incontinence	Pollution of pool	2	5	10	Timing of bowel habit and no risk strategy	Sessional	Participant
4) Hoists and slings	Failure and participant injury	2	5	10	Equipment training	Sessional	Helpers
5) Hydrostatic pressure	Respiratory difficulties, fluid shifts	1	5	5	Vigilance and stopping session if problems arise	Sessional	Coach and participant
6) Autonomic dysreflexia	Rapid rise in blood pressure	1	5	10	Awareness and vigilance by trained professionals	Sessional	Doctor, nurse and or physio
7) Hot Water, Warm room temperature	Dehydration, Fainting	4	1	4	Proper hydration and lifting technique	Sessional	Participant , physio, helpers
8) Entrapment or trauma to non sensate limbs	Personal injury, Possible hazard 1	1	5	5	Avoiding rails, correct use of hoist and immediate supervision	Sessional	Helpers

9) Water environment	Drowning plus all of the above	1	5	10	Buoyancy aid with leg straps, constant contact support by helpers	Sessional	Coach and CP
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All equipment must be washed before and after use. These risks must be assessed dynamically with relation to the participant's rehabilitation needs and abilities.. Due to the nature of spinal injury and the need for assessment of response to immersion a doctor and physiotherapist will be in attendance for sessions until we are confident that the apparent risk no longer needs this level of professional supervision.

This risk assessment has been carried out to the best ability of the assessors. The hazards identified are those perceived by the assessors to pose a potential safety risk and those identified through our incident reporting system. This assessment may not necessarily have identified all possible hazards.